

FONTACTIV HP/HC FIBRA VAINILLA

Analysis	Unit	Per 100ml	Per Bottle (200ml)
Energy Value	KJ/Kcal	630/150	1259/300
Caloric Density	g	5.2	10.4
Fats	g		
- Saturated Fats	g	0.6	1.2
- Monounsaturated Fats	g	3.3	6.6
- Polyunsaturated Fats	g	1.5	3
Carbohydrates	g	17	34
- Sugars	g	7.2	14.4
- Lactose	g	<0.5	<1
Soluble Fiber	g	2.6	5.2
Proteins	g	7.5	15
Salt	g	0.14	0.28

Minerals	Unit	Per 100ml	Per Bottle (200ml)
Sodium	mg	57	114
Potassium	mg	158	316
Chlorine	mg	90	180
Calcium	mg	170	340
Phosphorus	mg	114	228
Magnesium	mg	22	44
Iron	mg	1.5	3
Zinc	mg	2.3	4.6
Copper	µg	250	500
Manganese	mg	0.4	0.8
Iodine	µg	25	50
Selenium	µg	10	20
Fluoride	mg	0.15	0.3
Chromium	µg	12	24
Molybdenum	µg	15	30

Vitamins	Unit	Per 100ml	Per Bottle (200ml)
Vitamin A	µg	140	280
Vitamin D	µg	7.5	15
Vitamin E	mg	1.8	3.6
Vitamin K	µg	8	16
Thiamine (B1)	mg	0.17	0.34
Riboflavin (B2)	mg	0.2	0.4
Vitamin B6	mg	0.3	0.6
Vitamin B12	µg	0.3	0.6
Vitamin C	mg	12	24
Folic Acid (B9)	µg	24	48
Pantothenic Acid (B5)	mg	0.5	1
Niacin (B3/PP)	mg NE	2.5	5
Biotin	µg	6	12
Choline	mg	34	68

Others	Unit	
Osmolarity	mOsm/l	549