

## COMPOSICIÓN FONTACTIV HP/HC

Analysis	Unit	Per 100ml	Per 200ml (bottle)
Energy Value	KJ/Kcal	632/150	1264/300
Caloric Density	Kcal/ml	1.5	1.5
Fats	g		
- Saturated Fats	g	0.5	1
- Monounsaturated Fats	g	3	6
- Polyunsaturated Fats	g	1.4	2.8
Carbohydrates	g	19	38
- Sugars	g	8	16
- Lactose	g	<0.5	<1
Soluble Fiber	g	0	0
Proteins	g	7.5	15

Minerals	Unit	Per 100ml	Per 200ml (bottle)
Sodium	mg	66	132
Potassium	mg	170	340
Chlorine	mg	90	180
Calcium	mg	140	280
Phosphorus	mg	112	224
Magnesium	mg	25	50
Iron	mg	1.6	3.2
Zinc	mg	1.6	3.2
Copper	µg	380	760
Manganese	mg	0.49	0.98
Iodine	µg	25	50
Selenium	µg	12	24
Fluoride	mg	0.2	0.4
Chromium	µg	10	20
Molybdenum	µg	20	40

Vitamins	Unit	Per 100ml	Per 200ml (bottle)
Vitamin A	µg	150	300
Vitamin D	µg	1.1	3
Vitamin E	mg	1.5	3
Vitamin K	µg	8	16
Thiamine (B1)	mg	0.17	0.34
Riboflavin (B2)	mg	0.2	0.4
Vitamin B6	mg	0.3	0.6
Vitamin B12	µg	0.3	0.6
Vitamin C	mg	15	30
Folic Acid (B9)	µg	24	48
Pantothenic Acid (B5)	mg	0.5	1
Niacin (B3/PP)	mg NE	3.4	6.8
Biotin	µg	6	12

Others	Unit	
Osmolarity	mOsm/l	550